HCSIT 2.0 Pocket-PC Version Manual

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Installation Requirements

HCSIT 2.0 for PocketPC requires the .NET Compact Framework 1.0. It also runs on the .NET Compact Framework 2.0, however you will get a message indicating that HCSIT is designed for an older version of PocketPCs.
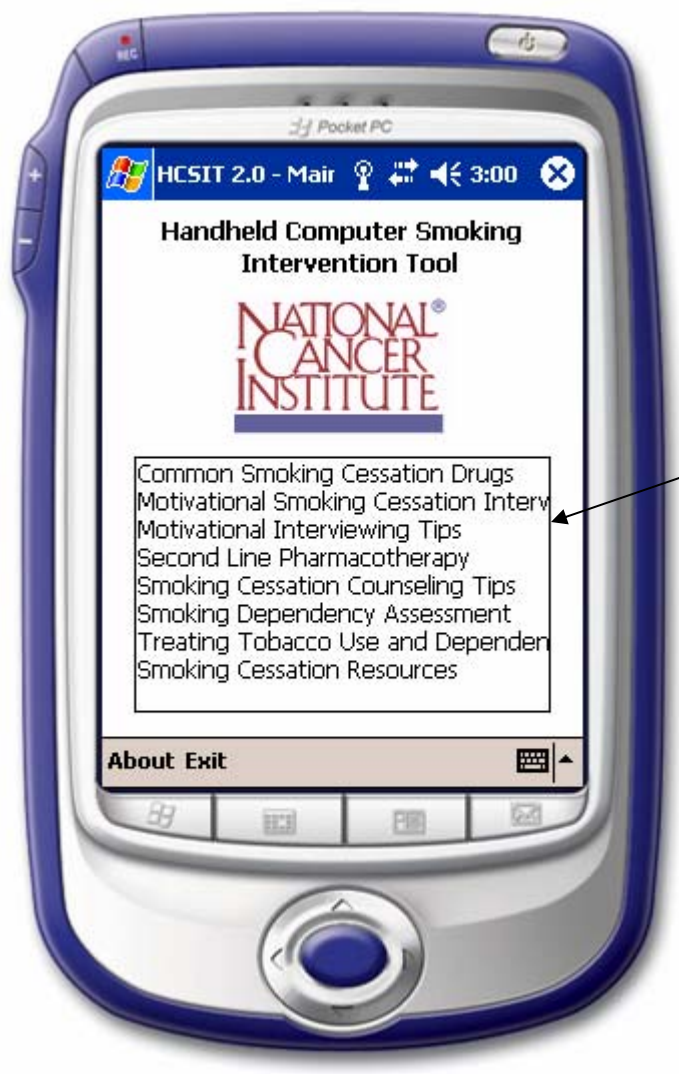
Most PocketPCs come with the .NET Framework installed. However, if you get an error message saying that the .NET Compact Framework is required to run HCSIT, you can download that from Microsoft here:

http://www.microsoft.com/downloads/details.aspx?FamilyID=a5a02311-194b-4c00-b445-f92bec03032f&displaylang=en

National Cancer Institute
U.S. National Institutes of Health | www.cancer.gov

## *Starting HCSIT*

Click the HCSIT icon

Main Screen

The Main Screen shows a list of topics. Click on any Topic for more details.

Topics with multiple Sub-Topics

The following topics have multiple sub-topics:

- Common Smoking Cessation Drugs (Sub-Topics are individual drugs)
- Motivational Interviewing Tips
- Motivational Smoking Cessation Interviewing
- Second-Line Pharmacotherapy (Sub-Topics are individual drugs)
- Smoking Cessation Counseling Tips – 5 As
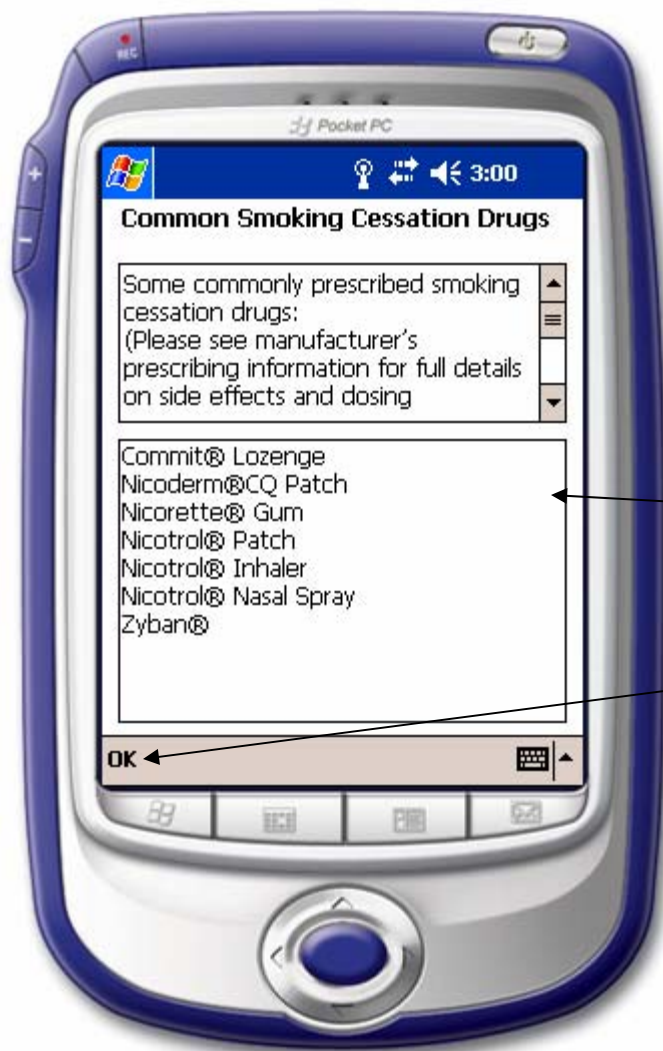
Click on any sub-topic for details

Click on "OK" to return to Main Screen
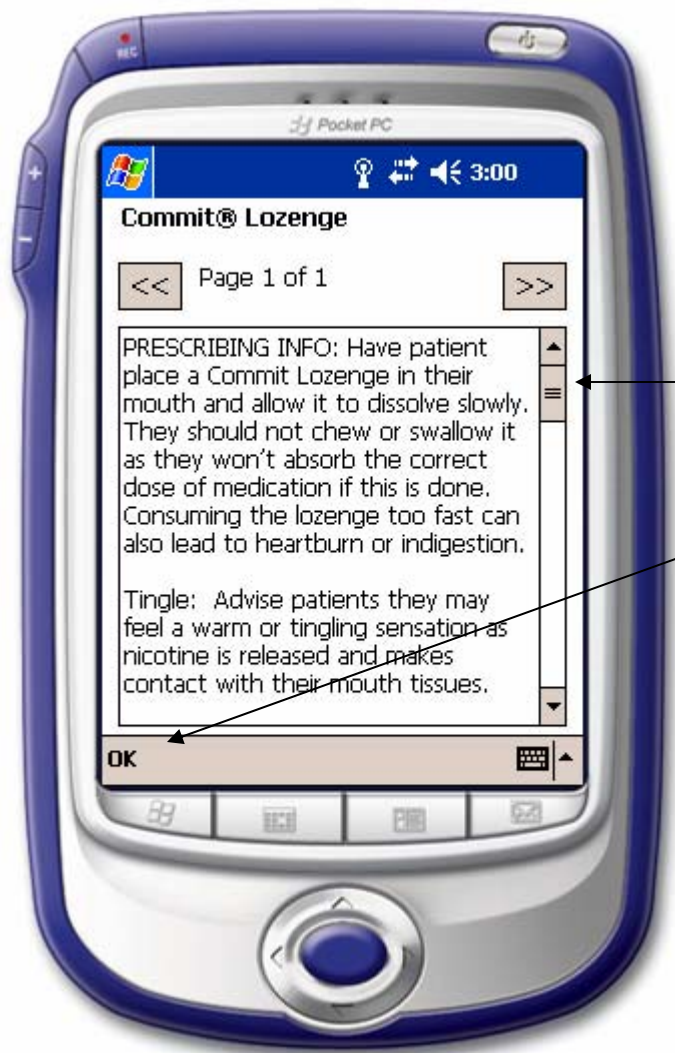
HCSIT 2.0 Contains additional Pregnancy and Lactation information for drugs. Scroll down to view this information.
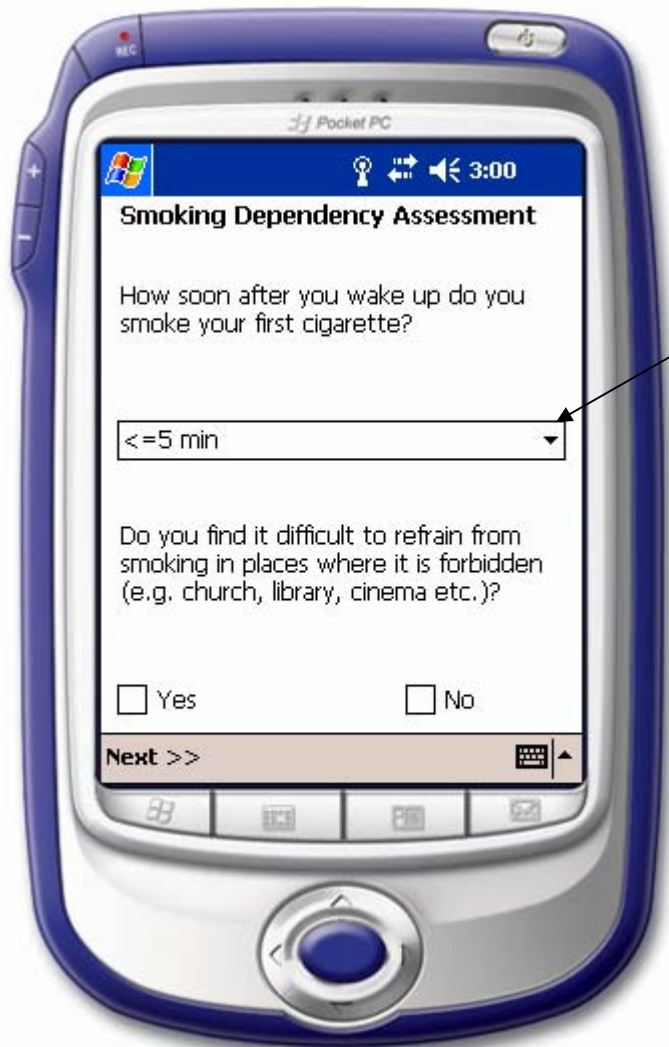
Click on "OK" to return to the list of sub-topics.

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Topics arranged by page

The following topics are arranged page-wise:

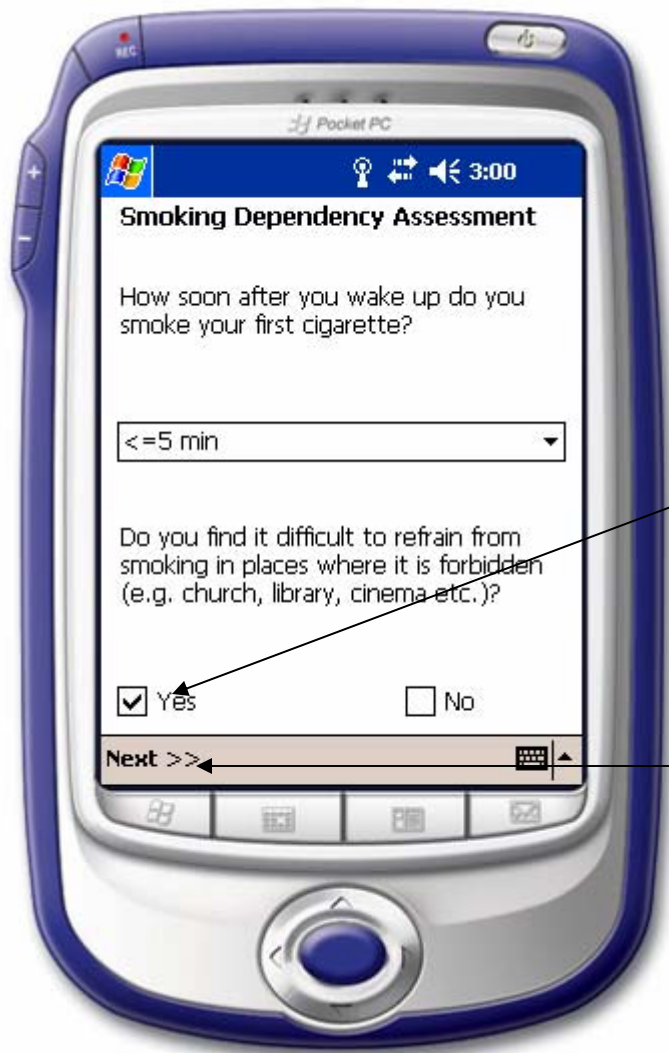- Smoking Cessation Resources
- Treating Tobacco use and Dependence

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Smoking Dependency Assessment (Fagerstrom Questionnaire)

Tap on Dropdown Menu to view a list of options
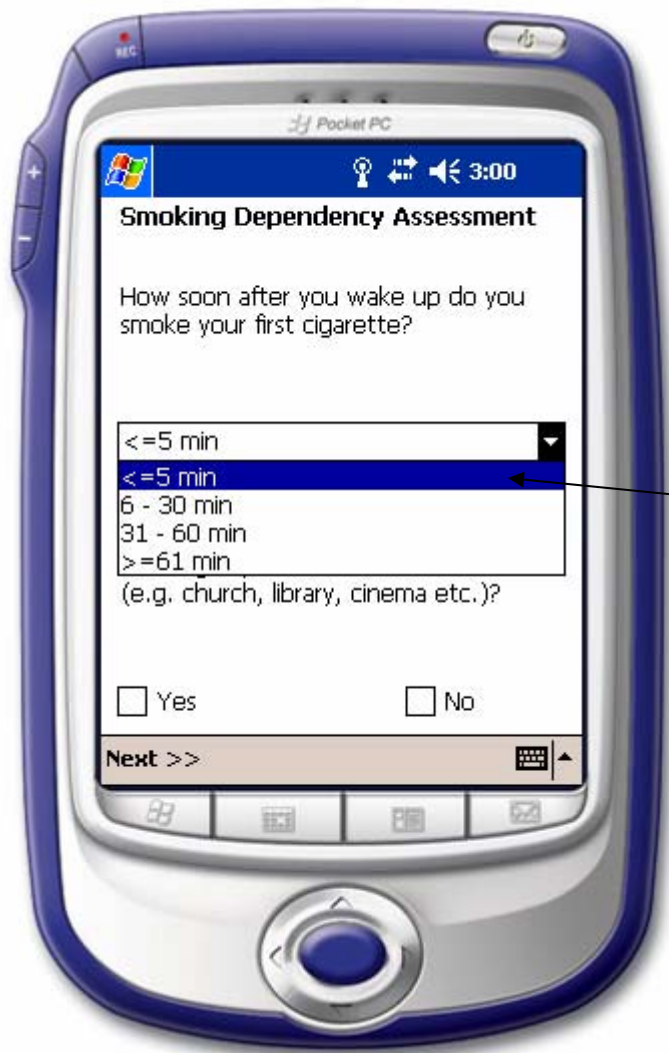
Tap on option to select it.

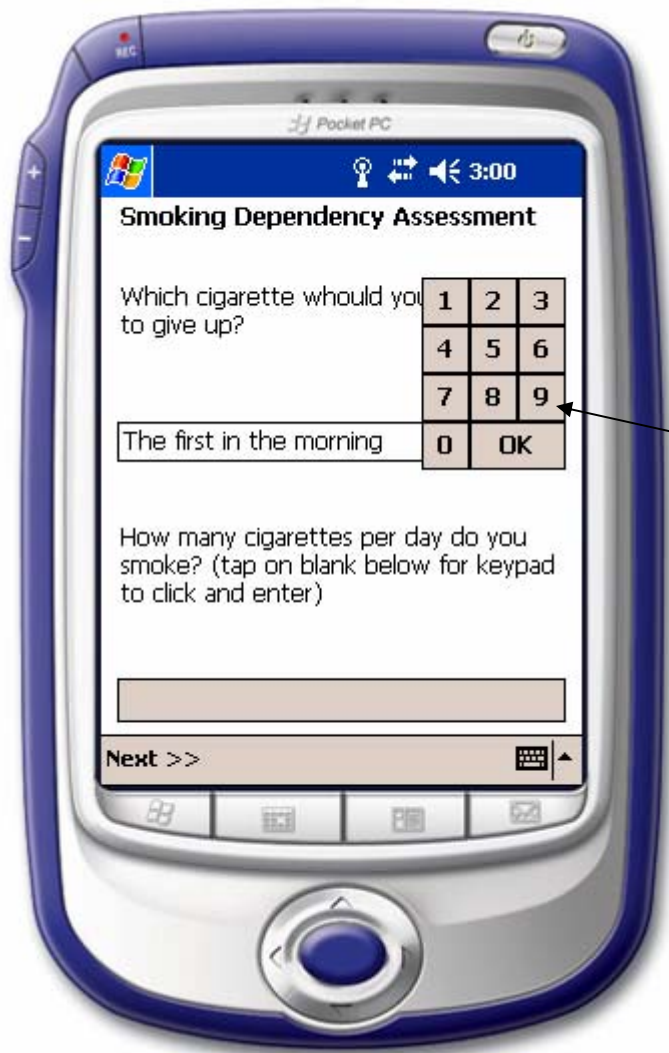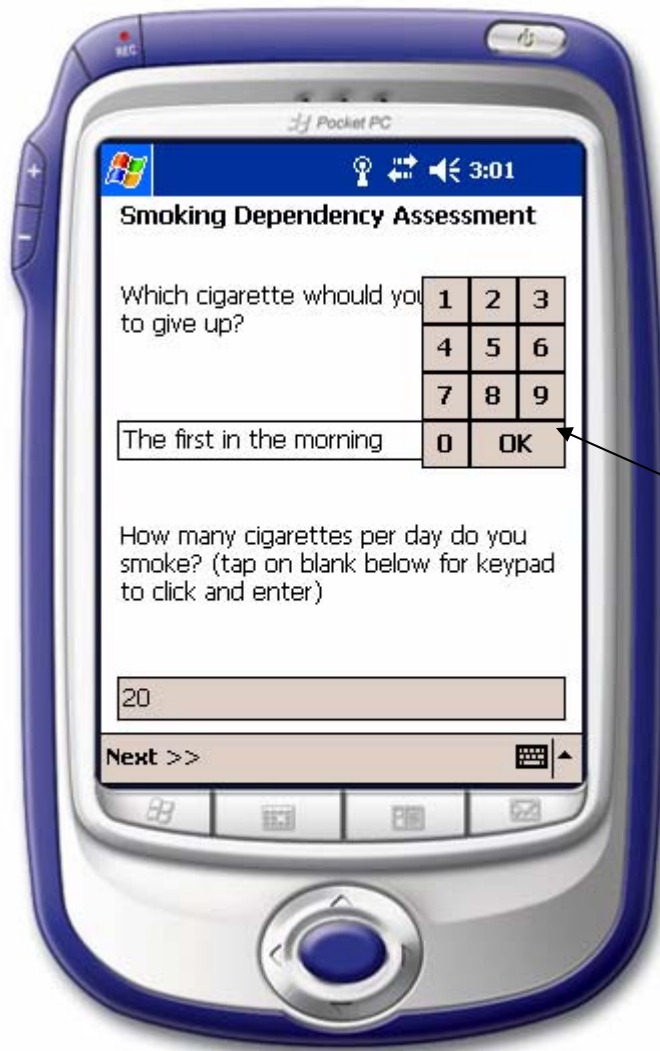© 2005 UVA Patent Foundation

Tap on squares to select Yes or No

Tap on "Next >>" to go to the Next Page

Tap in blank line to display calculator

Tap on calculator buttons to make an entry into the box

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Tap on "OK" when you are done
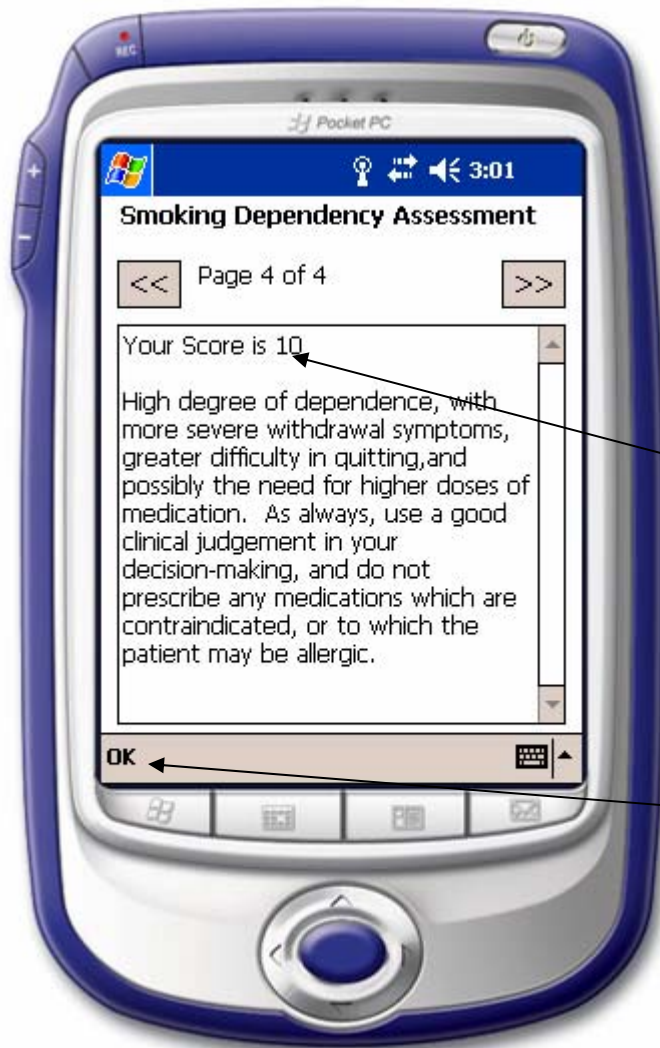
At the end of the questionnaire, you will be shown your score and whether your score indicates a high or low degree of dependence.

Click OK to go to the Main Screen